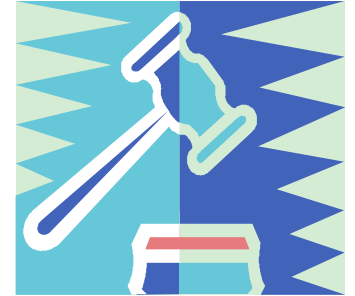




Three Mile Lake Annual General Meeting

Sunday, July 3, 2011 @10:00am
Katrine Community Centre

Three Mile Lake Annual General Meeting: Agenda



- Welcome and Intro - Chair, Rod Ward
- TMLCC Directors - Renewals
- Almaguin Highlands Health Centre Update - Rod
- Three Mile Lake Water Quality Testing - Arnie Pundsack
- Three Mile Virtual Community Web Site - Rod
- Updates
 - New "Please Share The Road" Signs....donated by Plasticor Burlington
- Three Mile Lake: Events, Issues & Updates
 - Annual Picnic! - Sharon Sheils
 - Annual Golf Tourney! - Dan & Barb Leonard
- Q and A and meeting close-out...
 - Acceptance of 2010 Minutes and Financial Report (circulated)
 - Adjourn



Welcome and Intro

- Minutes from 2010 AGM
- Treasurer's Report
- Circulating for review...



Current TMLCC Directors

Name	Position	Renewal Year	Renewing?
Rod Ward	President	2011	??
Gary Hollo	Vice President	2012	
Barb Leonard	Treasurer	2012	
Arlene Vujacic	Secretary	2011	??
Arnie Pundsack	Lake Steward	2011	??
Albert Bollenbach	Director	2011	??
Steve Foster	Director	2011	??
Gord Isbister	Director	2012	
Shelley Johnson	Director	2012	
Gary McFarlane	Director	2012	
Denise Minns	Director	2011	??
Mike Rainey	Director	2011	No
Sharon Sheils	Director	2012	
Tim Taylor	Director	2012	
Theresa Ward	Director	2011	??



Almaguin Highlands Health Centre *A New Direction...A New Future!*

A Community-Based Approach to Providing Quality Healthcare
in the Almaguin Region

Sunday, July 3, 2011 - Three Mile Lake Annual Meeting
Armour, Ryerson, Burk's Falls Arena
Almaguin Highlands Health Centre Community Organization
www.almaguin-health.org

Prepared by Rod Ward



History and Background

- Burk's Falls & District Health Centre operated under various administrative structures from 1942 until 2009
- Centre was closed in 2009 by the Muskoka Algonquin Health Centre as part of budget cutbacks at MAHC (also supporting Huntsville and South Muskoka hospitals)
- Several exhaustive reports, task forces and studies performed between 1993 and 2006 all indicated the need for a Health Centre in Burk's Falls
- Community leaders in the Almaguin Highlands region have been working since the Health Centre closure was announced to regain the services required to provide proper, quality healthcare to the region
- In January 2011, the Almaguin Highlands Health Centre (AHHC) non-profit organization was formally established

Current Challenges: Regional Profile

- Almaguin Highlands region has lost access to quality healthcare at a time when need is increasing
- Many of the residents live in remote locations
- The region has an aging population, with more than 30% over the age of 60 (well above provincial average)
- There is a large influx of seasonal population between May and September, effectively doubling the population and adding to healthcare pressures
- A median income much lower than the provincial average, and an unemployment rate higher than the provincial average, which typically adds further to healthcare pressures

Current Challenges: Healthcare Access

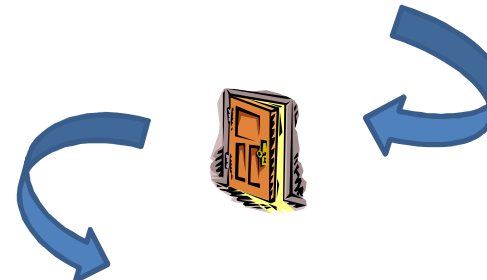
- Population Health Profile statistics for the region which indicate an at-risk population in terms of lifestyle and health practices
- The proposed Family Health Team and the Community Care Access Centre for the region have not developed or expanded (i.e. additional staffing, etc.)
- Primary health care is not within 30 minutes travel time for most residents, as per recommendations in the Rural and Northern Health Care Report
- Emergency services (7/24/365) are not within 30 minutes travel time for most residents, as per recommendations in the Rural and Northern Health Care Report

Almaguin Highlands Health Centre: Potential Services Provided

Services Based on
Input, Need &
Recommendations



Citizens of Almaguin Highlands



Dental Services

Urgent Care Centre

Counselling & Social Programs

Healthcare Education and Promotion

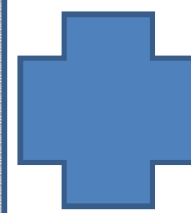
Physio / Dietician / Occupational Therapist

Lab & X-ray Services

Exercise / Rehab

Transportation Services

Almaguin Highlands Health Centre



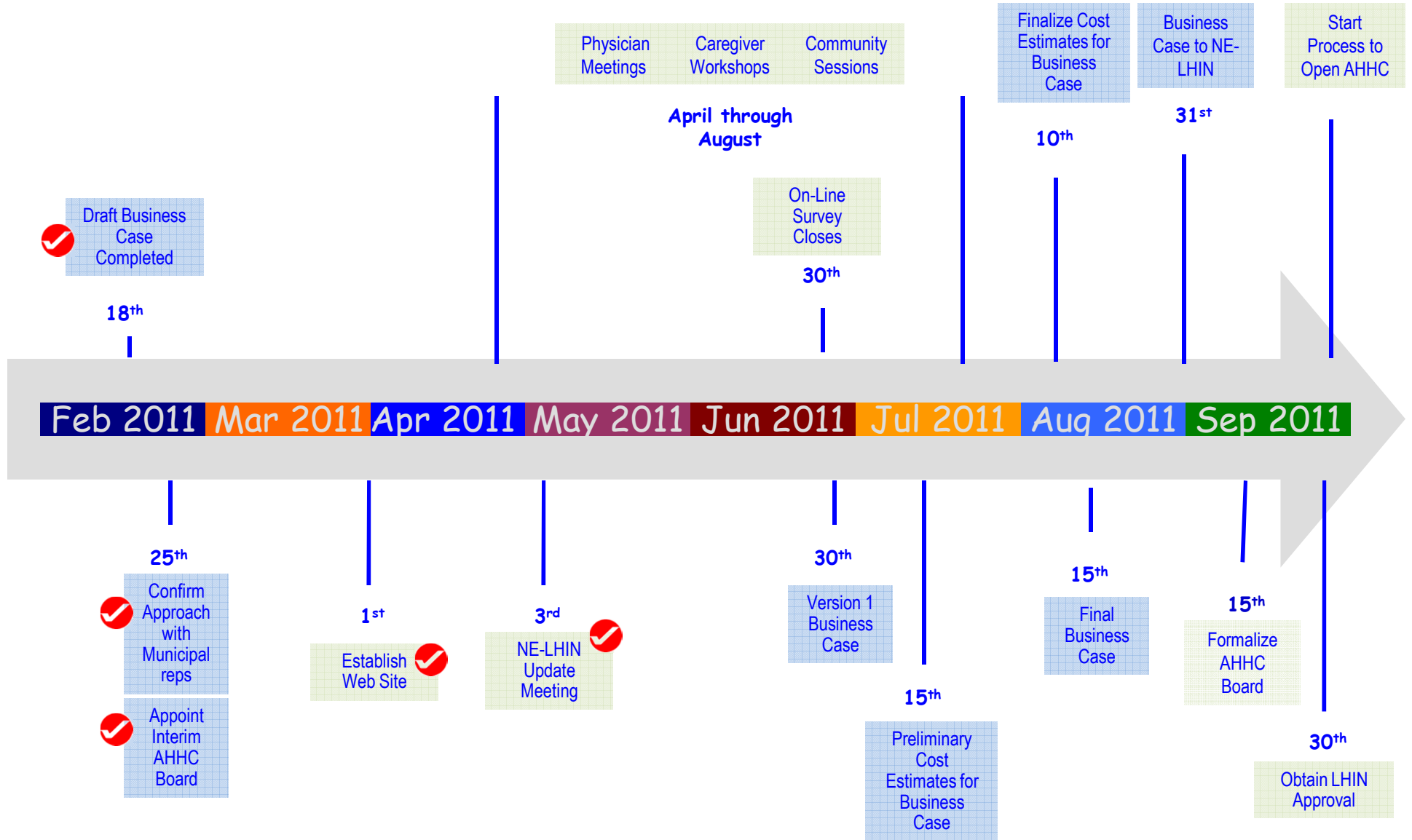
Expanded Family Health Team

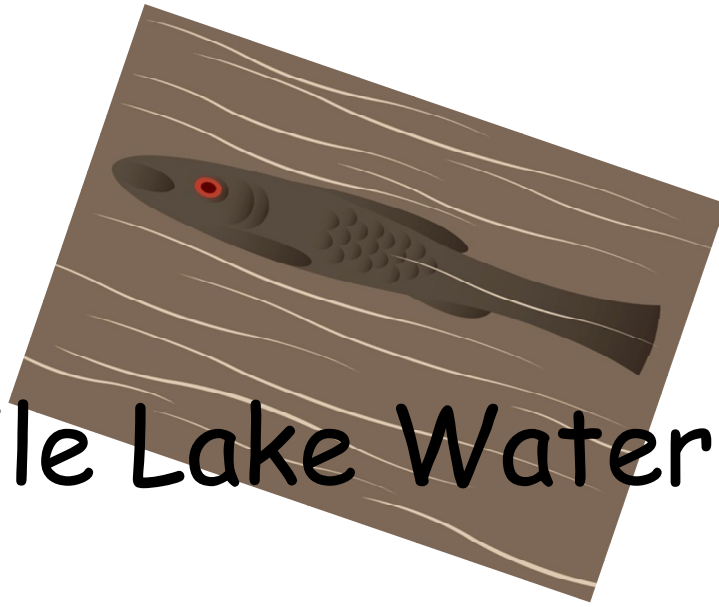
Family Health Team

Almaguin Highlands Health Centre: Key Updates Since March 2011...

- www.almaguin-health.org web site has been up and running since March
- Several meetings with local physicians and other healthcare providers have been held...more to come
- Several meetings with NorthEast LHIN have been held...meetings with local Council reps from across Almaguin continue...10 of 12 identified regions have confirmed support for our approach
- Potential options for approach, location and possible services have been established
- ALC beds have been removed from the model at this time as this does not meet the provincial direction...however, this could still change based on input
- [On-line survey available on web site](#) (paper versions at Municipal offices)... community meetings to be held between June and August

Almaguin Highlands Health Centre (AHC) Timelines (Estimate Only)





Three Mile Lake Water Quality

Historical Data...

Arnie Pundsack



Three Mile Lake Test Locations

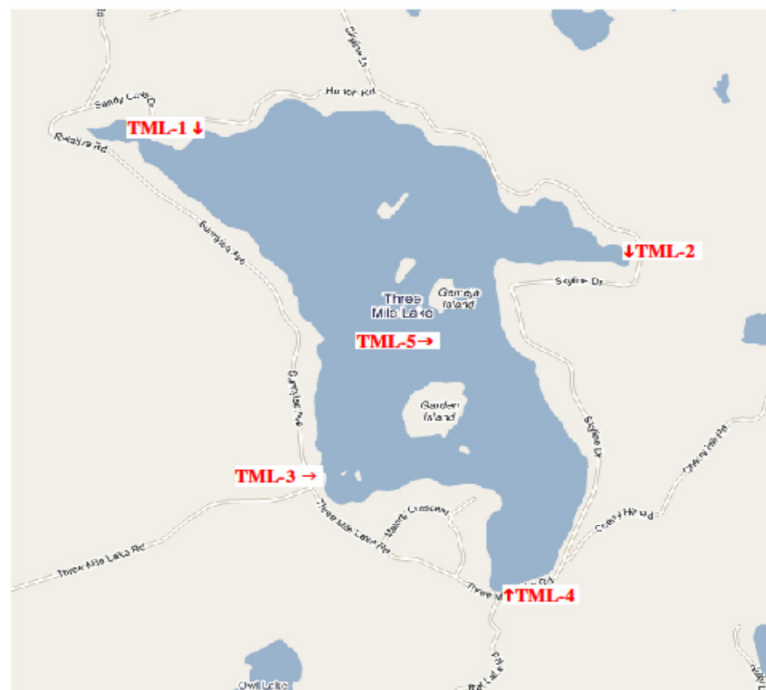
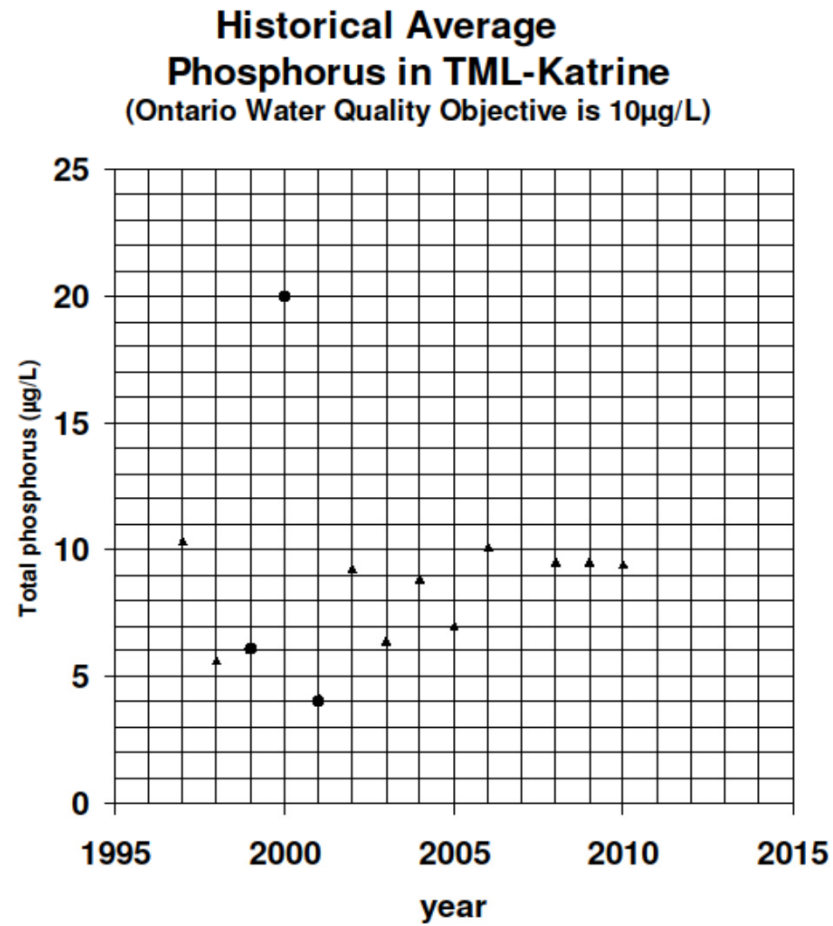


Figure 1. Three Mile Lake-Katrine Test Sites

Trending 1997 - 2010: Phosphorus Readings

Figure 5

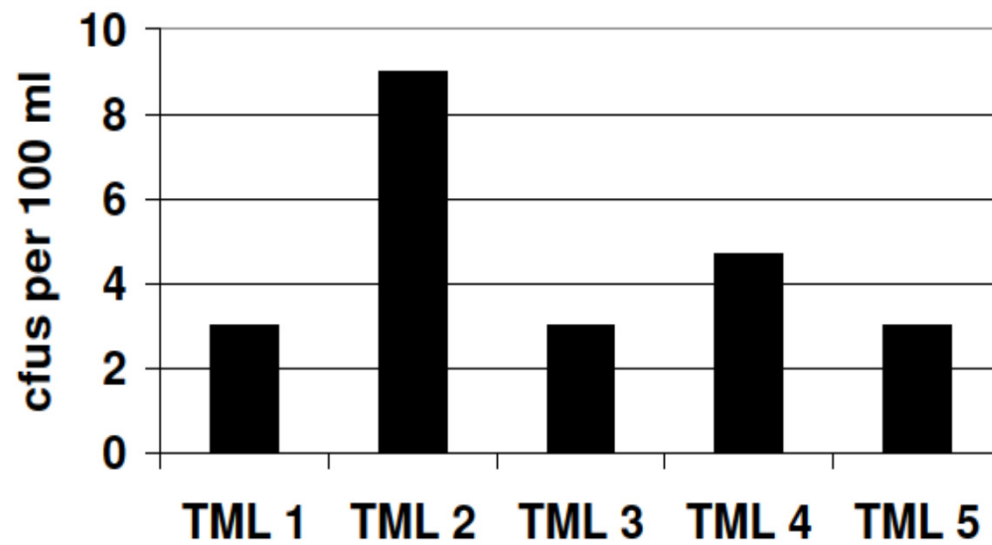


The circle data points (1999-2001) were from single samples.
The average phosphorus in 1971 was 16 µg/L.

Figure 3

2010 *E. coli* Results for TML-Katrine

The Ontario recreational water threshold for *E. coli* is 100 cfus per 100 ml. (cfu: colony-forming unit)



Note: since the lowest possible value is "less than 3" the numbers above represent maximum possible values.

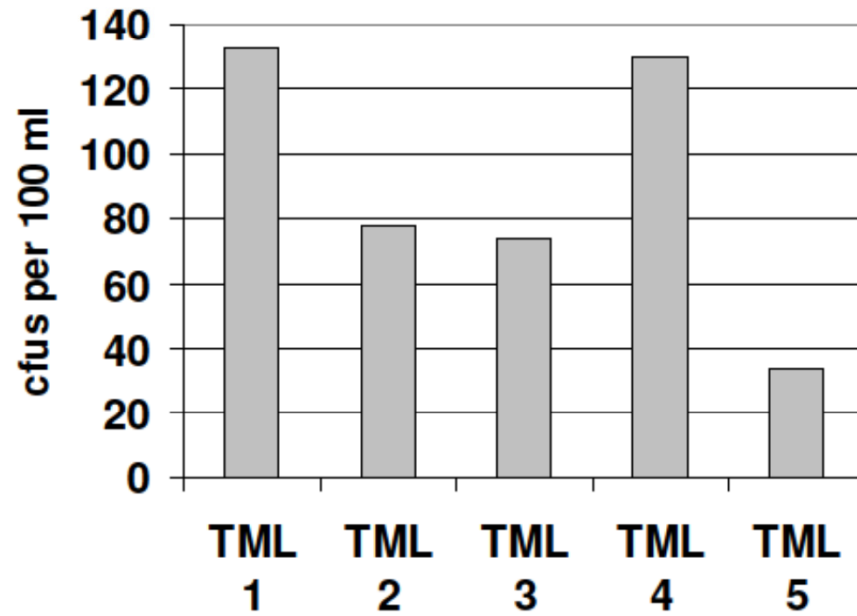
May 27, 2011

Figure 4

Figure 4 2010 Coliform Results for TML-Katrine

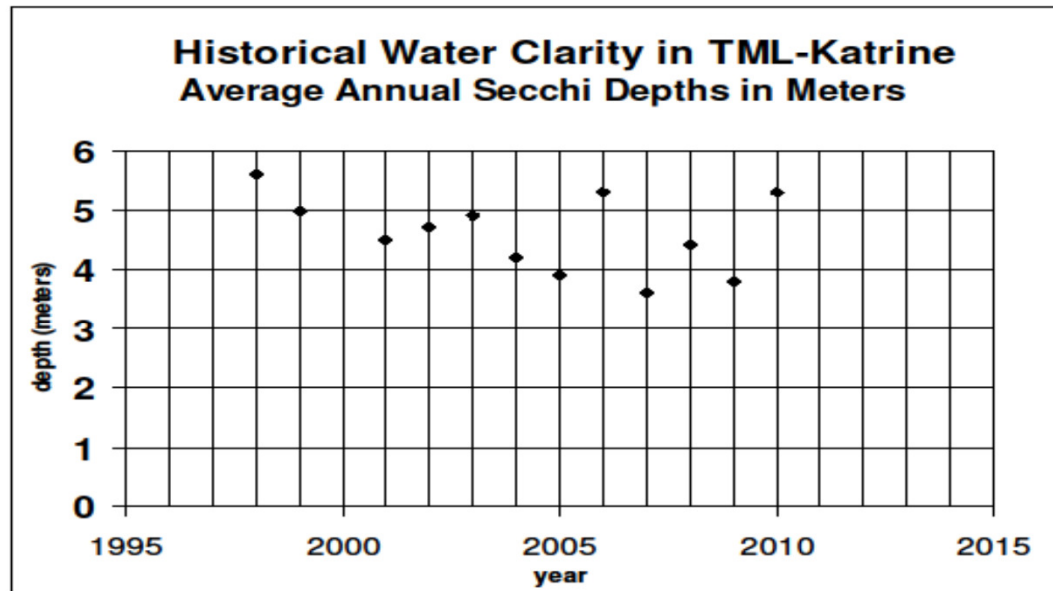
(cfu: colony-forming unit)

The Ontario recreational water threshold for coliform is 1000 cfus per 100 ml.



May 27, 2011

Figure 6



2007 and 2008 data points were from single samples.

In 1971 the average Secchi depth was 4.2 meters.

Water Test Results 2010

Figure 2

E. Coli (cfus per 100 mls)

The Ontario recreational water threshold for *E. coli* is 100 cfus per 100 ml.

	TML 1	TML 2	TML 3	TML 4	TML 5
23 May	< 3	< 3	< 3	< 3	< 3
24 July	3	22	3	8	<3
26 Aug	3	< 3	< 3	3	<3
Total	<9	28	< 9	< 14	<9
Average	< 3	< 9	< 3	< 4.7	< 3

Coliform 2010

The Ontario recreational water threshold for coliform is 1000 cfus per 100 ml.

	TML 1	TML 2	TML 3	TML 4	TML 5
23 May	161	7	72	72	13
24 July	127	62	13	94	25
26 Aug	110	166	136	225	62
Total	398	235	221	391	100
Average	133	78	74	130	34

Total Phosphorus 2010

6 July	8.6	7
20 July	6.8	7
13 August	8.6	9.2
17 August	7.8	9.4
8 September	8.6	9
1 November	14.8	16.4
Average	9.4	

Secchi Depths 2010

May 23	6.75 m
July 7	5.8 m
Aug 11	4.3 m
Aug 26	4.35 m
Total	21.20 m
Average	5.3 m

Observations:

There was no significant spring pollen.

It was a very wet June.

Water temperature was frequently 80° F.

In spite of very warm lake water (approx. 80° F), there was only a partial algae bloom (in Bear Trap Bay) in September.



Three Mile Lake Virtual Community

- [Home](#)
- [News & Events](#)
- [Members](#)
- [Your Lake & Environment](#)
- [Local WebCams](#)
- [Photo Gallery](#)
- [Businesses & Organizations](#)
- [Market Place & Lost/Found](#)
- [Links](#)
- [Contact](#)
- [Road to Three Mile Lake](#)
- [Search Site](#)
- [Cottage Guest Book](#)

Strine... Weather looks EXCELLENT for the Canada Day weekend!

Welcome to Three Mile Lake! Stay Connected - Visit Often!



Conveniently located in the Almaguin Highlands region, Three Mile Lake is one of several lakes of the same name in Ontario. This particular Three Mile Lake is just outside the village of Burk's Falls in the Parry Sound District, 30 minutes north of Huntsville and 60 minutes south of North Bay.

This site includes local news and announcements, web cam, lake water quality information, a blog and photo gallery, and links to other sites of interest. Come back and visit us 'virtually' on a regular basis!

The Three Mile Lake Community association is a group of cottage owners, local residents and local businesses focused on the on-going enjoyment of our lake. We do this by:

- Promoting programs focused on maintaining the environment and sustaining water quality.
- Communicating items of interest to permanent and seasonal residents.
- Protecting the interests of the lake, the community and its residents.
- Providing a sense of community through fundraisers and social events.
- Being a responsible part of the broader community.

The Three Mile Lake Community Club web site has been developed strictly for the enjoyment of members of the TMLCC, and is maintained purely on a volunteer basis. While all attempts are made to produce accurate information, the TMLCC accepts no liability for errors or omissions with respect to information provided on this site or on any linked site herein. If you note any errors on this site, please email your concerns to info@3milelake.org.

Current list of TMLCC Directors

You are Cottage Guest number.....

52544

Please Send Questions & Comments to info@3milelake.org

Last Updated... 6/29/2010 12:41 PM

Three Mile Lake Virtual Community Web Site Updates

Web Site Features

Current Features...

- ✓ On-Line Payment Through PayPal or Credit Card!
- ✓ Payment for Memberships and Golf Tournament!
- ✓ Members 'Blog'! But we need help maintaining this...
- ✓ Facebook and Twitter Updates! But we need help maintaining this...
- ✓ On-Line Polls and Surveys! Suggestions?
- ✓ Plus the usual news, updates, links & information...

Updates...

Signs, Signs, Everywhere, Signs

- New "Please Share The Road" signs - donated by Plasticor Burlington

Boating License

- Anyone operating any size boat must now have an Operators Card...
- www.boatsmartexam.com

Thank You!

- To our corporate sponsor... **Katrine Marine!**

Dogs Around The Lake...

- Reminder that dogs must stay on your property and be leashed when walking
- Armour Township by-law is very clear...

Cottage Apparel - www.cottagelifeapparel.com

Three Mile Lake: Events, Issues and Updates...

Annual Three Mile Lake Picnic and Regatta!

- Saturday, July 30
- Last 6 years...huge success and GREAT weather!

Sharon Sheils



Annual Three Mile Golf Tourney

- Sunday, July 31
- Great participation every year!

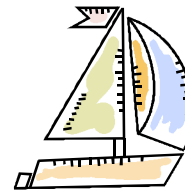
Dan & Barb Leonard



Annual Sailing Race

- Saturday, July 30
- Don't forget season-round sailing...it's environmentally friendly!

Gord Isbister



Shoal and Rock Markers...

- New barrels - comments
- Any dislodged white barrels...leave on end of dock for pick-up

Tim Taylor



...Adoption of 2010 Meeting Minutes and 2010 Treasurer's Report...

Questions
and
Suggestions...?

